

Sailing Awards

Seaman

1. Demonstrate the ability to tie the following knots:
 - a. Square, Bowline, Half Hitch, Clove Hitch, Cleat Aft, Figure 8
2. Show responsibility for the jib sail by setting, trimming and furling it.
3. Assist in casting off and landing at a buoy and dock.
 - a. Casting off from buoy
 - b. Casting off from dock
 - c. Landing at buoy
 - d. Landing at dock
4. Know all the parts of the sailboat
5. Know the safety rules
6. Show your understanding of the three main wind directions and points of sailing:
 - a. Eye
 - b. Beam Reach
 - c. Run

Mate: The Mate badge is earned when you have shown consistent ability to handle and Xboat and its crew. If you are awarded this badge the sailing staff feels you are able to handle the Xboat comfortably, and you have constantly demonstrated strong sailing leadership.

1. Properly prepare your boat for sailing
2. Make sail, cast off, command and land with the help of a crew
3. Be able to consistently shoot: Moorings, docks, buoys
4. Perform imaginary man overboard
5. Show your knowledge of proper sailing techniques on all points of sail: Eye, Beam Reach, Run
6. Be able to correctly demonstrate and explain coming about and jibing. This includes proper seating position and with correct tiller and sheet exchange. Coming about, Jibing
7. Know basic right of way rules
8. Demonstrate the ability to sail in a straight line, a designated course
9. Understand and demonstrate the safety position
10. Be able to demonstrate capsizing procedures on an X boat Have knowledge of how these procedures differ on the C and M scows
11. Be able to do the following to the spinnaker, Strike, Fly, Jibe

Boatswain Mate: (Banquet Award) Working on your Boatswain Mate learning to become an expert X boat skipper and begin to adequately command the larger C, M and Yingling boats. The following requirements must be adequately demonstrated consistently.

1. Be able to identify and use more technical parts of the Xboat
And basic parts of the Cboat, Mboat and Yingling
2. Be able to Rig and de-rig the C boat, M boat and Yingling
3. Be a good crew and skipper on the following boats in light and medium winds C boat, M boat, Yingling
4. Be able to demonstrate capsizing procedures on an X boat
Have knowledge of how these procedures differ on the C and M scows
5. Be able to do the following to the spinnaker: Strike, Fly, Jibe

Skipper (Banquet Award)

1. Demonstrate to instructors that you are a good sailor by your ability to handle a boat and crew
2. Be able to use all specific boat parts to maximize the boat's potential on: Cboat,, Mboat, Yingling
3. Show your ability to keep a vessel at optimal speed by rigging for and racing on a prescribed course in competition
4. Show your awareness of weather conditions and their effect in relation to: Temperature, Humidity, Wind, Cloud formation
5. Complete the skipper test in the Red Cross Sailing book